

**Pioneer Valley Plastic Surgery, LLC**

**Patient Name: Demo Patient**

Procedure Date:

## **Post-Operative Instructions for Skin Lesion Excision/Removal**

There may be information here that contradicts information on the general Post-Operative Instructions sheet. Any time this occurs, follow these procedure specific instructions. If you have any questions, please call the office at (413) 731-7877.

- Keep the steristrip dry and intact. Do not get area wet for the first 24 hours.
- After 24 hours, you may shower.
- No exertional activity for 24 hours.
- Ok to ice the area for 72 hours to decrease swelling.
- Please schedule a follow-up appointment to have your incision checked and possibly have sutures removed.

If the area becomes hot, red, painful, or has heavy bleeding, please call us immediately.

Please call our office at (413) 731-7877, should you have any questions or concerns.

**Pioneer Valley Plastic Surgery LLC**  
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