

Medications to Avoid

If you are taking any medications on this list, they should be discontinued 2 weeks prior to surgery and only acetaminophen products, such as Tylenol, should be taken for pain. All other medications – prescriptions, over-the-counter and herbal – that you are currently taking must be specifically cleared by Dr. Johnson prior to surgery. It is absolutely necessary that all of your current medications be specifically cleared by Dr. Johnson and the nursing staff.

Aspirin Medications to Avoid: *Affect blood clotting.*

4-Way Cold Tabs	Reliever	Kaodene	#3
5-Aminosalicylic Acid	Carisoprodol	Lanorinal	Pink Bismuth
Acetilsalicylic Acid	Compound	Ibuprohm	Piroxicam
Actron	Cataflam	Lodine	Propoxyphene
Adprin-B products	Cheracol	Lortab ASA	Compound products
Aleve	Choline Magnesium	Magan	Robaxisal
Alka-Seltzer products	Trisalicylate	Magnaprin products	Rowasa
Amigesic Argesic-SA	Choline Salicylate	Magnesium Salicylate	Roxeprin
Anacin products	Cope	Magsal	Saleto products
Anexsia w/Codeine	Coricidin	Marnal	Salflex
Arthra-G	Cortisone Medications	Marthritic	Salicylate products
Arthriten products	Damason-P	Mefenamic Acid	Salsalate
Arthritis Foundation products	Darvon Compound-65	Meprobamate	Salsitab
Arthritis Pain Formula	Darvon/ASA	Mesalamine	Scot-Tussin Original 5-Action
Arthritis Strength BC Powder	Diclofenac	Methocarbarnol	Sine-off
Arthropan	Dipenturn	Micrainin	Sinutab
ASA	Disalcid	Mobidin	Sodium Salicylate
Asacol	Doan's products	Mobigesic	Sodol Compound
Ascriptin products	Dolobid	Momentum	Soma Compound
Aspergum	Dristan	Mono-Gesic	St. Joseph Aspirin
Asprimox products	Duragesic	Motrin products	Sulfasalazine
Axotal	Easprin	Naprelan	Supac
Azdone	Ecotrin products	Naproxen	Suprax
Azulfidine products	Empirin products	Night-Time	Synalgos-DC
B-A-C	Equagesic	Effervescent Cold	Talwin
Backache Maximum Strength Relief	Etodolac	Norgesic products	Triaminicin
Bayer Products	Excedrin products	Norwich products	Tricosal
BC Powder	Fiorgen PF	Olsalazine	Trilisate
Bismatrol products	Fiorinal products	Orphengesic products	Tussanil DH
Buffered Aspirin	Flurbiprofen	Orudis products	Tussirex products
Bufferin products	Gelpirin	Oxycodonc	Ursinus-Inlay
Buffetts 11	Genprin	Pabalate products	Vanquish
Buffex	Gensan	P-A-C	Wesprin
Butal/ASA/Caff	Goody's Extra Strength	Pain Reliever Tabs	Willow Bark products
Butalbital Compound	Headache Powders	Panasal	Zorprin
Cama Arthritis Pain	Halfprin products	Pentasa	
	IBU	Pepto-Bismol	
	Indomethacin products	Percodan products	
	Isolyl Improved	Phenaphen/Codeine	

Ibuprofen Medications to Avoid

Affect blood clotting.

Acular (ophthalmic)	Haltran	Nabumetone	Rhinocaps
Advil products	Indochron E-R	Nalfon products	Sine-Aid products
Anaprox products	Indocin products	Naprosyn products	Sulindac
Ansaid	Ketoprofen	Naprox X	Suprofen
Clinoril	Ketorolac	Nuprin	Tolectin products
Daypro	Ibuprin	Ocufen (ophthalmic)	Tolmetin
Dimetapp Sinus	Ibuprofen	Oruvail	Toradol
Dristan Sinus	Meclofenamate	Oxaprozin	Voltaren
Feldene	Meclomen	Ponstel	
Fenoprofen	Menadol	Profenal	
Genpril	Midol-products	Relafen	
	Meloxicam		

Avoid ALL Diet Aids – Including Over-the-Counter & Herbal

Intensify anesthesia, serious cardiovascular effects.

Tricyclic Antidepressants to Avoid

Intensify anesthesia, cardiovascular effects.

Adapin	Clomipramine	Limbitrol products	Sinequan
Amoxapine	Desipramine	Ludiomil	Surmontil
Anafranil	Doxepin	Maprotiline	Tofranil
Asendin	Endep	Norpramin	Triavil
Aventyl	Etrafon products	Pamelor	Trimipramine
	Imipramine	Pertofrane	Vivactil
	Janimine		

Other Medication to Avoid: Affect blood clotting.

4-Way w/ Codeine	Dipyridamole	Pan-PAC	Tamoxifen
A.C.A.	Doxycycline	Pentoxyfylline	Tenuate
A-A Compound	Emagrin	Persantine	Tenuate Dospan
Accutrim	Enoxaparin injection	Phenylpropanolamine	Testosterone
Actifed	Flagyl	Prednisone	Thorazine
Anexsia	Fragmin injection	Protarnine	Ticlid
Anisindione	Furadantin	Pyrroxate	Ticlopidine
Anturane	Garlic	Ru-Tuss	Trental
Arthritis Bufferin	Heparin	Salatin	Ursinus
BC Tablets	Hydrocortisone	Sinex	Virbamycin
Childrens Advil	Isollyl	Sofarin	Vitamin E
Clinoril C	Lovenox injection	Soltice	Warfarin
Contac	Macrochantin	Sparine	
Coumadin	Mellaril	Stelazine	
Dalteparin injection	Miradon	Sulfinpyrazone	
Dicumerol	Opasal		

Salicylate Medications, Foods & Beverages to Avoid

Affect blood clotting.

Amigesic (salsalate)	Magsal	Pepto-Bismol (bismuth subsalicylate)	Trilisate (choline salicylate + magnesium salicylate)
Disalcid (salsalate)	Pamprin (Maximum Pain Relief)	Salflex (salsalate)	
Doan's (magnesium salicylate)	Mobigesic	Salsalate	Wine
Dolobid (diflunisal)	Pabalate	Salsitab (salsalate)	

Vitamins and Herbs to Avoid

Affect blood clotting, affect blood sugar, increase or decrease the strength of anesthesia, rapid heartbeat, high blood pressure, liver damage. Note: Just because it is not of this list does not mean that it is safe to take while preparing for surgery.

Ackee fruit	Fenugreek seeds	Lemon verbena
Alfalfa	Feverfew	Licorice root
Aloe	Fo-ti	Ma Huang
Argimony	Garlic	Melatonin
Barley	Ginger	Muwort
Bilberry	Gingko	Nem seed oil
Bitter melon	Gingko biloba	Papaya
Burdock root	Ginseng	Periwinkle
Carrot oil	Gmena	Selenium
Cayenne	Goldenseal	St. John's Wort
Chamomile	Gotu Kola	Valerian/Valerian Root
Chromium	Grape seed	"The natural Viagra®"
Coriander	Guarana	Vitamin E
Dandelion root	Guayusa	Willow bark
Devil's club	Hawthorn	Yellow root
Dong Quai root	Horse Chestnut	Yohimbe
Echinacea	Juniper	
Ephedra	Kava Kava	
Eucalyptus	Lavender	Fish Oil

Other Medications to Avoid:
Accutane

If you are taking anything not on this list, please call the office at 413-731-7877 to notify us and make sure that it is okay.